Daytime Prayer

Saturday, February 20, 2016

Lent, Week 1 — Saturday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Lord, Who Throughout These Forty Days**
>
> Lord, who throughout these forty days
> for us did fast and pray,
> teach us with you to mourn our sins
> and close by you to stay.

PSALMODY

Psalm 120 *I Lift My Eyes to the Mountains*

> *Ant. Do not forsake me, O Lord; be not far from me, O my God.*

I have lifted up my eyes to the mountains, from which help will come to me.

My help is from the Lord, who made heaven and earth.

May he not allow your foot to be moved; may he not slumber who guards you.

Behold, he who guards Israel will neither slumber nor sleep.

The Lord is your guardian; the Lord is your protection at your right hand.

The sun will not burn you by day, nor the moon by night.

The Lord guards you from all evil; may the Lord guard your soul.

May the Lord guard your going out and your coming in, from this time forward and forevermore.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Do not forsake me, O Lord; be not far from me, O my God.*

Psalm 121 *I Rejoiced When They Said to Me*

> *Ant. Do not forsake me, O Lord; be not far from me, O my God.*

I rejoiced at the things that were said to me: "We will go into the house of the Lord."

Our feet were standing in your courts, O Jerusalem.

Jerusalem, which is built as a city, which is compact together.

For there the tribes went up, the tribes of the Lord; the testimony of Israel, to praise the name of the Lord.

For there the thrones have sat in judgment, the thrones over the house of David.

Ask for the things that are for the peace of Jerusalem, and abundance for those who love you.

Let peace be in your strength, and abundance in your towers.

For the sake of my brethren and my neighbors, I spoke peace about you.

Because of the house of the Lord our God, I sought good things for you.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Do not forsake me, O Lord; be not far from me, O my God.*

SHORT READING

MATTHEW 6:6

> But when you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father who sees in secret will repay you.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

> *O God, purify our intentions and direct our actions, that all we do this day may be a true offering to you; through Jesus Christ our Lord. Amen.*

DISMISSAL

Let us praise the Lord.

And give him thanks.