Office of Readings

Tuesday, July 16, 2019

Our Lady of Mount Carmel

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

INVITATORY

Ant. Come, let us adore the Lord and bow down before him.

Come, let us exult in the Lord; let us shout with joy to God our salvation.

Let us come before his face with praise and exult in him with psalms.

For the Lord is a great God and a great king above all gods.

For the Lord does not cast off his people; for in his hand are all the ends of the earth.

And the heights of the mountains belong to him.

For the sea is his, and he made it; and his hands formed the dry land.

Come, let us adore and fall down before God; let us weep before the Lord who made us.

For he is the Lord our God; and we are the people of his pasture and the sheep of his hand.

Today, if you will hear his voice, harden not your hearts.

As in the provocation, according to the day of temptation in the wilderness,

where your fathers tempted me; they tried me and saw my works.

For forty years I was close to this generation, and I said: "They always err in heart."

And these people have not known my ways, so I swore in my wrath that they will not enter into my rest.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Come, let us adore the Lord and bow down before him.

HYMN

O Splendor of God's Glory Bright

O Splendor of God's glory bright,
O thou that bringest light from light,
O Light of light, light's living spring,
O Day, all days illumining!

O thou true Sun, on us thy glance
let fall in royal radiance;
the Spirit's sanctifying beam
upon our earthly senses stream.

The Father, too, our prayers implore,
Father of glory evermore;
the Father of all grace and might,
to banish sin from our delight.

All laud to God the Father be;
all praise, eternal Son, to thee;
all glory, as is ever meet,
to God the holy Paraclete.

Psalm 7 *Plea for Divine Justice*

> *Ant. O Lord my God, in you I have hoped; save me.*

O Lord my God, in you I have hoped; save me from all who pursue me, and deliver me.

Lest at any time he seize my soul like a lion, while there is no one to redeem me or to save me.

O Lord my God, if I have done this thing, if there is iniquity in my hands,

if I have repaid with evils those who repaid me good, let me deservedly fall empty before my enemies.

Let the enemy pursue my soul and seize it, and trample my life into the earth, and bring down my glory into the dust.

Rise up, O Lord, in your wrath, and be exalted at the borders of my enemies.

And arise, O Lord my God, in the precept that you have commanded, and the congregation of people will surround you.

And because of this, return on high; the Lord judges the peoples.

Judge me, O Lord, according to my justice and according to my innocence in me.

The wickedness of sinners will be brought to nothing, and you will direct the just; the searcher of hearts and reins is God.

My help is from God, who saves the upright of heart.

God is a just judge, strong and patient; is he angry every day?

Unless you will have been converted, he will brandish his sword; he has bent his bow and made it ready.

And in it he has prepared the instruments of death; he has made ready his arrows for those who burn.

Behold, he has been in labor with injustice; he has conceived toil and given birth to iniquity.

He has opened a pit and dug it out, and he has fallen into the hole he made.

His toil will be turned back onto his own head, and his iniquity will descend onto his crown.

I will give thanks to the Lord according to his justice, and I will sing to the name of the Lord Most High.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. O Lord my God, in you I have hoped; save me.*

Psalm 8 *The Glory of God and the Dignity of Man*

> *Ant. O Lord, our Lord, how wonderful is your name throughout all the earth!*

O Lord, our Lord, how admirable is your name in all the earth!

For your magnificence has been elevated above the heavens.

Out of the mouth of infants and of sucklings, you have perfected praise, because of your enemies, so that you may destroy the enemy and the defender.

For I will see your heavens, the works of your fingers: the moon and the stars, which you have founded.

What is man, that you are mindful of him? Or the son of man, that you visit him?

You have made him a little less than the angels; you have crowned him with glory and honor.

And you have set him over the works of your hands.

You have subjected all things under his feet: all sheep and oxen, moreover, even the beasts of the field,

the birds of the air and the fish of the sea, who pass through the paths of the sea.

O Lord, our Lord, how admirable is your name throughout all the earth!

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. O Lord, our Lord, how wonderful is your name throughout all the earth!*

Psalm 9 *Praise for God's Justice*

> *Ant. I will proclaim all your wonders, O Lord.*

I will confess to you, O Lord, with my whole heart; I will narrate all your wonders.

I will be glad and rejoice in you; I will sing to your name, O Most High.

For my enemy is turned back; they will be weakened and perish from before your face.

For you have maintained my judgment and my cause; you sat on the throne, judging justly.

You have rebuked the Gentiles and the impious has perished; you have blotted out their name for ever and ever.

The swords of the enemy have failed to the end, and you have destroyed their cities; their memory has perished with a resounding noise.

And the Lord remains for eternity; he has prepared his throne for judgment.

And he will judge the world with equity; he will judge the peoples with justice.

And the Lord has become a refuge for the poor: a helper in tribulation.

And let those who know your name hope in you; for you have not forsaken those who seek you, O Lord.

Sing psalms to the Lord who dwells in Zion; declare his pursuits among the Gentiles.

For he remembers them, seeking the blood of the poor; he has not forgotten the cry of the poor.

Have mercy on me, O Lord; see my humiliation from my enemies.

You who exalt me from the gates of death, so that I may declare all your praises at the gates of the daughter of Zion.

I will rejoice in your salvation; the Gentiles have been stuck in the destruction they have made.

Their foot has been snared in the very trap they have hidden.

The Lord will be known by executing judgments; the sinner has been caught in the works of his own hands.

The wicked will be turned toward hell, and all the nations that have forgotten God.

For the poor will not be forgotten in the end; the patience of the poor will not perish forever.

Rise up, O Lord; do not let man be strengthened; let the Gentiles be judged in your sight.

Appoint a lawgiver over them, O Lord, that the Gentiles may know themselves to be only human.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. I will proclaim all your wonders, O Lord.*

FIRST READING: SCRIPTURE

2 TIMOTHY 3:14-17

Continue in what you have learned and firmly believed, knowing from whom you learned it, and how from childhood you have known the sacred writings that are able to instruct you for salvation through faith in Christ Jesus. All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in

righteousness.

RESPONSORY

V. Christ, Son of the living God, have mercy on us.
R. Christ, Son of the living God, have mercy on us.
V. You who rose from the dead,
R. have mercy on us.

SECOND READING: PATRISTIC OR HAGIOGRAPHIC

Saint Thomas Aquinas

Adoro Te Devote

Prayer Before the Blessed Sacrament

> Devoutly I adore you, hidden God, who truly lies under these forms. To you my heart gives itself entirely, for as I contemplate you, it fails entirely. Sight, taste, and touch in you are all deceived; but only hearing can be safely believed. I believe all that the Son of God has spoken; there is no truth more true than this Word of Truth. On the cross the divinity was hidden, here the humanity is also hidden; but believing both and confessing both, I ask what the penitent thief asked. I do not see the wounds as Thomas saw, but I confess you to be my God. Make me believe you more and more, place my hope in you, make me love you more. O memorial of the death of our Lord! Living bread that gives life to humanity! Give my soul to live from you; make it always taste your sweetness. Pelican of mercy, Lord Jesus, cleanse me from my sin with your precious life-giving water. Of which one drop, for sinners, would be able to save the whole world from every sin. Jesus whom now I see under the veil, I pray that what I so thirst for may come to pass: that seeing your face unveiled, I may be blessed when I shall see your glory. Amen.

CONCLUDING PRAYER

O God, your word is a lamp to our feet and a light to our path. Grant us attentive minds and receptive hearts as we pray the Office of Readings; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.
And give him thanks.