Daytime Prayer

Tuesday, October 22, 2019

Saint John Paul II, Pope

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

God of the Morning

God of the morning, God of the midday hour,
grant us your wisdom and your guiding power;
we pause amid the tasks and toils of day
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,
the labor of our hands, the joy and pain;
receive our offering of this broken hour
and bless our work with your renewing power.

To God the Father be all glory given,
and to the Son who drew us close to heaven,
and to the Spirit, fire within the soul,
now and forever, making all things whole.

PSALMODY

Psalm 125 *The Lord Restored Our Fortunes*

> *Ant. Praise to you, Lord God, now and forever.*

When the Lord turned back the captivity of Zion, we became like those consoled.

Then our mouth was filled with gladness, and our tongue with joy.

Then they will say among the Gentiles: "The Lord has done great things for them."

The Lord has done great things for us; we have become joyful.

Turn back our captivity, O Lord, like a torrent in the south.

Those who sow in tears will reap in joy.

Going, they went and wept, casting their seeds.

But coming, they will come with rejoicing, carrying their sheaves.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Praise to you, Lord God, now and forever.*

Psalm 126 *Unless the Lord Builds the House*

> *Ant. Praise to you, Lord God, now and forever.*

Unless the Lord has built the house, in vain have its builders labored.

Unless the Lord has kept the city, he watches in vain who guards it.

It is in vain for you to rise before the light; rise up after you have been sitting, you who eat the bread of sorrow.

When he will grant sleep to his beloved, behold, the inheritance of the Lord are children.

The reward is the fruit of the womb.

Like arrows in the hand of a powerful one, so are the children of those who have been cast out.

Blessed is the man who has filled his desire from them; he will not be ashamed when he speaks to his enemies at the gate.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Praise to you, Lord God, now and forever.*

SHORT READING

1 CORINTHIANS 10:31

Whether you eat or drink, or whatever you do, do everything for the glory of God.

RESPONSORY

V. Blessed is he who comes in the name of the Lord.

R. We bless you from the house of the Lord.

CONCLUDING PRAYER

> *God of all hours, in the middle of this day's work, we turn our hearts to you. Renew our strength and our purpose, and keep us faithful in your service; through Jesus Christ our Lord. Amen.*

DISMISSAL

Let us praise the Lord.

And give him thanks.