Daytime Prayer

Tuesday, December 31, 2019

Saint Sylvester I, Pope

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Sing Alleluia Forth**
>
> Sing alleluia forth in duteous praise,
> O citizens of heaven, who know the festal days;
> and by your singing learn how God may be adored.

PSALMODY

Psalm 119 *The Lord Is My Portion (Zain)*

> *Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

You are my portion, O Lord; I have said that I would keep your law.

I have entreated your face with all my heart; have mercy on me according to your word.

I have considered your ways, and I have turned my feet into your testimonies.

I am prepared, and I am not troubled, so as to keep your commandments.

The cords of the wicked have surrounded me, and I have not forgotten your law.

At midnight I rose to confess to you, upon the judgments of your justification.

I am a partaker with all who fear you and who keep your commandments.

The earth, O Lord, is full of your mercy; teach me your justifications.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

Psalm 119 *You Have Been Good (Heth)*

> *Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

You have acted with goodness toward your servant, O Lord, according to your word.

Teach me goodness and discipline and knowledge; for I have believed in your commandments.

Before I was humbled, I offended; therefore I have kept your word.

You are good, and in your goodness teach me your justifications.

The iniquity of the proud has been multiplied over me, but with my whole heart I will seek your commandments.

Their heart has been curdled like milk, but I have meditated on your law.

It is good for me that you have humbled me, so that I might learn your justifications.

The law of your mouth is better for me than thousands in gold and silver.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

SHORT READING

1 JOHN 1:1–2

What was from the beginning, what we have heard, what we have seen with our eyes, what we looked upon and touched with our hands concerns the Word of life — for the life was made visible.

RESPONSORY

V. The Word became flesh and dwelt among us.

R. Full of grace and truth.

CONCLUDING PRAYER

God of all joy, let the light of Christmas shine into every corner of our work today; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.