# Daytime Prayer

*Saturday, March 21, 2020*

Lent, Week 3 — Saturday

## OPENING

O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

## HYMN

> **Lord, Who Throughout These Forty Days**
>
> Lord, who throughout these forty days
> for us did fast and pray,
> teach us with you to mourn our sins
> and close by you to stay.

## PSALMODY

### Psalm 141 *Rescue Me From My Persecutors*

> *Ant. Do not forsake me, O Lord; be not far from me, O my God.*

With my voice I have cried out to the Lord; with my voice I have prayed to the Lord.

I will pour out, in his sight, my supplication; and before him I will declare my tribulation.

When my spirit failed within me, even then you knew my paths.

In the way on which I was walking, the proud hid a snare for me.

I looked to the right and I saw, and there was no one who would recognize me.

Flight has perished from me, and there is no one who has regard for my soul.

I cried out to you, O Lord; I said: "You are my hope, my portion in the land of the living."

Attend to my supplication, for I have been humbled exceedingly.

Free me from those who persecute me, for they have been made stronger than me.

Lead my soul out of custody to confess to your name; the just wait for me, until you repay me.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

> *Ant. Do not forsake me, O Lord; be not far from me, O my God.*

### Psalm 145 *Praise the Lord, O My Soul (Part I)*

> *Ant. Do not forsake me, O Lord; be not far from me, O my God.*

Praise the Lord, O my soul; in my life I will praise the Lord; I will sing to my God as long as I live.

Do not trust in leaders, in the sons of men, in whom there is no salvation.

His spirit will depart, and he will return to his earth; on that day all their thoughts will perish.

Blessed is he whose helper is the God of Jacob; his hope is in the Lord his God,

who made heaven and earth, the sea, and all that is in them.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

> *Ant. Do not forsake me, O Lord; be not far from me, O my God.*

## SHORT READING

**MATTHEW 6:6**

But when you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father who sees in secret will repay you.

## RESPONSORY

*V. We adore your cross, O Lord.*

*R. We praise your holy resurrection.*

## CONCLUDING PRAYER

> *O God, purify our intentions and direct our actions, that all we do this day may be a true offering to you; through Jesus Christ our Lord. Amen.*

## DISMISSAL

Let us praise the Lord.

*And give him thanks.*