Daytime Prayer

Monday, March 21, 2022

Lent, Week 3 — Monday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Lord, Who Throughout These Forty Days**
>
> Lord, who throughout these forty days
> for us did fast and pray,
> teach us with you to mourn our sins
> and close by you to stay.

PSALMODY

Psalm 123 *Our Help Is in the Name of the Lord*

> *Ant. Have mercy on me, O God, in your great kindness.*

Unless the Lord had been our helper, perhaps we would have lived in hell.

"My foot has slipped," and your mercy, O Lord, assisted me.

According to the multitude of my griefs in my heart, your consolations have given joy to my soul.

Does the seat of iniquity adhere to you, who frames hardship by means of commandments?

They will capture the soul of the just and will condemn innocent blood.

But the Lord has become my refuge, and my God the help of my hope.

And he will repay their iniquity to them, and in their malice he will destroy them.

The Lord our God will destroy them.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Have mercy on me, O God, in your great kindness.*

Psalm 124 *Our Escape Was Like a Bird's*

> *Ant. Have mercy on me, O God, in your great kindness.*

Those who trust in the Lord are like mount Zion; he will not be shaken forever who dwells in Jerusalem.

Mountains are around it; and the Lord is around his people, from this time forward, forevermore.

For the Lord will not leave the rod of sinners over the lot of the just, so that the just will not extend their hands to iniquity.

Do good, O Lord, to those who are good and to the upright of heart.

But those who decline into obligations, the Lord will lead away with the workers of iniquity.

Peace be upon Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Have mercy on me, O God, in your great kindness.*

SHORT READING

2 CORINTHIANS 6:2

Behold, now is a very acceptable time; behold, now is the day of salvation.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

Lord Jesus, at the sixth hour you were crucified for our sins. As we pause at midday, remember us with the compassion you showed the penitent thief; who lives and reigns with the Father and the Holy Spirit, one God, forever and ever. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.