Daytime Prayer

Monday, July 11, 2022

Saint Benedict of Nursia, Abbot

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

God of the Morning

God of the morning, God of the midday hour,
grant us your wisdom and your guiding power;
we pause amid the tasks and toils of day
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,
the labor of our hands, the joy and pain;
receive our offering of this broken hour
and bless our work with your renewing power.

To God the Father be all glory given,
and to the Son who drew us close to heaven,
and to the Spirit, fire within the soul,
now and forever, making all things whole.

PSALMODY

Psalm 119 *Let Your Mercies Come (He)*

> *Ant. Praise to you, Lord God, now and forever.*

And let your mercies come upon me, O Lord, your salvation according to your word.

And so I will answer those who reproach me in any matter, for I hope in your words.

And do not take away from my mouth the word of truth in any way, for I hoped exceedingly in your judgments.

And I will keep your law always, forever and ever.

And I walked in breadth, for I have sought your commandments.

And I spoke of your testimonies in the sight of kings, and I was not confounded.

And I meditated on your commandments, which I loved.

And I lifted up my hands to your commandments, which I loved, and I practiced your justifications.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Praise to you, Lord God, now and forever.*

Psalm 119 *Remember Your Word (Vau)*

> *Ant. Praise to you, Lord God, now and forever.*

Be mindful of your word to your servant, in which you have given me hope.

This has consoled me in my humiliation, for your eloquence has given me life.

The proud have acted iniquitously in everything, but I have not declined from your law.

I was mindful of your judgments from of old, O Lord, and I was consoled.

A failure seized me, because of the wicked who forsake your law.

Your justifications were the subject of my song, in the place of my sojourning.

In the night I was mindful of your name, O Lord, and I kept your law.

This has come to me, because I sought your justifications.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Praise to you, Lord God, now and forever.*

SHORT READING

COLOSSIANS 3:17

Whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

RESPONSORY

V. Blessed is he who comes in the name of the Lord.

R. We bless you from the house of the Lord.

CONCLUDING PRAYER

> *Lord God, at midday we pause in your presence. Grant us wisdom in the work before us, charity toward those we meet, and patience in difficulty; through Jesus Christ our Lord. Amen.*

DISMISSAL

Let us praise the Lord.

And give him thanks.