Daytime Prayer

Wednesday, March 1, 2023

Lent, Week 1 — Wednesday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Lord, Who Throughout These Forty Days**
>
> Lord, who throughout these forty days
> for us did fast and pray,
> teach us with you to mourn our sins
> and close by you to stay.

PSALMODY

Psalm 119 *Let My Plea Come Before You (Sin)*

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

Let my supplication, O Lord, draw near in your sight; give me understanding according to your word.

Let my petition come in before you; rescue me according to your word.

My lips will utter a hymn, when you will have taught me your justifications.

My tongue will pronounce your words, for all your commandments are justice.

Let your hand be made to save me, for I have chosen your commandments.

I have longed for your salvation, O Lord, and your law is my meditation.

My soul will live and will praise you, and your judgments will help me.

I have wandered like a lost sheep; seek your servant, because I have not forgotten your commandments.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

Psalm 119 *Your Salvation, O Lord (Tau)*

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

I have longed for your salvation, O Lord, and your law is my meditation.

My soul will live and will praise you, and your judgments will help me.

I have wandered like a sheep that is lost; seek your servant, for I have not forgotten your commandments.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

SHORT READING

HOSEA 2:16

I will lead her into the desert and speak to her heart.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

Lord, in Lent you call us to prayer, fasting, and almsgiving. Grant us faithfulness in all three, not as burdens but as ways of drawing closer to you; through Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.