

Daytime Prayer

Tuesday, October 22, 2024

Saint John Paul II, Pope

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

God of the Morning

God of the morning, God of the midday hour,
grant us your wisdom and your guiding power;
we pause amid the tasks and toils of day
to seek your face and learn to walk your way.

All things are yours: the sunlight and the rain,
the labor of our hands, the joy and pain;
receive our offering of this broken hour
and bless our work with your renewing power.

To God the Father be all glory given,
and to the Son who drew us close to heaven,
and to the Spirit, fire within the soul,
now and forever, making all things whole.

Psalm 119 *See My Humiliation (Coph)*

Ant. Praise to you, Lord God, now and forever.

Behold my humiliation and rescue me, for I have not forgotten your law.

Judge my judgment and redeem me; enliven me for the sake of your word.

Salvation is far from sinners, because they have not sought your justifications.

Your mercies are many, O Lord; enliven me according to your judgment.

Many are those who persecute me and who afflict me; I have not declined from your testimonies.

I saw the prevaricators and I pined away, because they have not kept your word.

See how I have loved your commandments; O Lord, enliven me in your mercy.

The beginning of your words is truth; all the judgments of your justice are forever.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Praise to you, Lord God, now and forever.

Psalm 119 *Princes Have Persecuted Me (Res)*

Ant. Praise to you, Lord God, now and forever.

Leaders have persecuted me without cause; and my heart has been in awe of your words.

I will rejoice over your words, like one who has found great spoils.

I have hated and abhorred iniquity; but I have loved your law.

Seven times a day I have given praise to you, on the judgments of your justice.

Much peace is for those who love your law, and there is no scandal for them.

I waited for your salvation, O Lord, and I loved your commandments.

My soul has kept your testimonies, and I have loved them greatly.

I have kept your commandments and your testimonies, for all my ways are in your sight.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Praise to you, Lord God, now and forever.

SHORT READING

1 CORINTHIANS 10:31

Whether you eat or drink, or whatever you do, do everything for the glory of God.

RESPONSORY

V. Blessed is he who comes in the name of the Lord.

R. We bless you from the house of the Lord.

CONCLUDING PRAYER

God of all hours, in the middle of this day's work, we turn our hearts to you. Renew our strength and our purpose, and keep us faithful in your service; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.