

Daytime Prayer

Tuesday, March 3, 2026

Lent, Week 2 — Tuesday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

Lord, Who Throughout These Forty Days

Lord, who throughout these forty days
for us did fast and pray,
teach us with you to mourn our sins
and close by you to stay.

PSALMODY

Psalm 119 *See My Humiliation (Coph)*

Ant. Create a clean heart in me, O God.

Behold my humiliation and rescue me, for I have not forgotten your law.
Judge my judgment and redeem me; enliven me for the sake of your word.
Salvation is far from sinners, because they have not sought your justifications.
Your mercies are many, O Lord; enliven me according to your judgment.
Many are those who persecute me and who afflict me; I have not declined from your testimonies.
I saw the prevaricators and I pined away, because they have not kept your word.
See how I have loved your commandments; O Lord, enliven me in your mercy.
The beginning of your words is truth; all the judgments of your justice are forever.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Create a clean heart in me, O God.

Psalm 119 *Princes Have Persecuted Me (Res)*

Ant. Create a clean heart in me, O God.

Leaders have persecuted me without cause; and my heart has been in awe of your words.

I will rejoice over your words, like one who has found great spoils.

I have hated and abhorred iniquity; but I have loved your law.

Seven times a day I have given praise to you, on the judgments of your justice.

Much peace is for those who love your law, and there is no scandal for them.

I waited for your salvation, O Lord, and I loved your commandments.

My soul has kept your testimonies, and I have loved them greatly.

I have kept your commandments and your testimonies, for all my ways are in your sight.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Create a clean heart in me, O God.

SHORT READING

ISAIAH 58:7

Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked when you see them, and do not turn your back on your own.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

God of mercy, we pause in the midst of our Lenten journey. Renew our resolve, deepen our prayer, and fill us with the charity that this season calls us to; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.