

Daytime Prayer

Friday, May 8, 2026

Easter, Week 5 — Friday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

Alleluia, Alleluia!

Alleluia, alleluia! Hearts to heaven and voices raise;
sing to God a hymn of gladness, sing to God a hymn of praise.

PSALMODY

Psalm 119 *Your Word Is a Lamp (Mem)*

Ant. This is the day the Lord has made; let us be glad and rejoice in it. Alleluia.

Your word is a lamp to my feet, and a light to my paths.

I have sworn and have determined to keep the judgments of your justice.

I have been humbled greatly; O Lord, enliven me according to your word.

The voluntary offerings of my mouth, make them acceptable, O Lord, and teach me your judgments.

My soul is always in my hands, and I have not forgotten your law.

Sinners have set a snare for me, and I have not strayed from your commandments.

I have inherited your testimonies forever, because they are the joy of my heart.

I have inclined my heart to do your justifications forever, for the reward.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. This is the day the Lord has made; let us be glad and rejoice in it. Alleluia.

Psalm 119 *I Have Hated the Double-minded (Nun)*

Ant. Christ our Passover has been sacrificed; let us therefore celebrate the feast. Alleluia.

I have hated the iniquitous; and I have loved your law.

You are my helper and my supporter; and I have hoped in your word.

Depart from me, you malicious; and I will search the commandments of my God.

Uphold me according to your word and I will live; and do not confound me in my expectation.

Help me and I will be saved; and I will always meditate on your justifications.

You have despised all those who fall away from your justifications; for their thought is unjust.

I have considered all the sinners of the earth to be prevaricators; therefore I have loved your testimonies.

Pierce my flesh with your fear; for I am afraid of your judgments.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. Christ our Passover has been sacrificed; let us therefore celebrate the feast. Alleluia.

SHORT READING

1 CORINTHIANS 15:57

Thanks be to God who gives us the victory through our Lord Jesus Christ. Alleluia.

RESPONSORY

V. This is the day the Lord has made. Alleluia.

R. Let us rejoice and be glad. Alleluia.

CONCLUDING PRAYER

Risen Lord Jesus, you appeared to the disciples and showed them your hands and your side. Show us also the signs of your love and your victory over death; who lives and reigns with the Father and the Holy Spirit, one God, forever and ever. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.