Daytime Prayer

Friday, March 10, 2028

Lent, Week 1 — Friday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Lord, Who Throughout These Forty Days**
>
> Lord, who throughout these forty days
> for us did fast and pray,
> teach us with you to mourn our sins
> and close by you to stay.

PSALMODY

Psalm 119 *Psalm 119 (Continued)*

> *Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

Let my supplication draw near in your sight; give me understanding according to your word.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

Psalm 119 *Psalm 119 (Continued)*

> *Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

My lips will utter a hymn when you have taught me your justifications.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. My sacrifice is a broken spirit; a broken and contrite heart you will not despise.*

SHORT READING

JEREMIAH 29:13

> You will seek me and find me, when you seek me with all your heart.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

Lord of the cross, help us to carry our own crosses with patience and trust, knowing that you walk beside us; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.