

# Daytime Prayer

Wednesday, January 2, 2030

Saints Basil the Great and Gregory Nazianzen, Bishops and Doctors

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## OPENING

O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be forever. Amen.

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## HYMN

### Sing Alleluia Forth

Sing alleluia forth in duteous praise,  
O citizens of heaven, who know the festal days;  
and by your singing learn how God may be adored.

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## PSALMODY

### Psalm 119 *Your Hands Have Made Me (Teth)*

*Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

Your hands have made me and formed me; give me understanding, and I will learn your commandments.

Those who fear you will see me and rejoice, because I have hoped in your words.

I know, O Lord, that your judgments are equity, and in your truth you have humbled me.

Let your mercy be to console me, according to your word to your servant.

Let your mercies come to me, and I will live; for your law is my meditation.

Let the proud be ashamed, because they have acted unjustly against me; but I will meditate on your commandments.

Let those who fear you turn to me, and those who know your testimonies.

Let my heart be without stain in your justifications, so that I may not be confounded.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

**Psalm 119** *My Soul Has Fainted (Jod)*

*Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

My soul has fainted for your salvation, and I hoped in your word.

My eyes have grown dim for your eloquence; saying: "When will you console me?"

For I have become like a wineskin in the frost; I have not forgotten your justifications.

How many are the days of your servant? When will you execute judgment on those who persecute me?

The iniquitous have spoken dishonestly to me, but not as much as your law.

All your commandments are truth; the wicked have persecuted me; help me.

They almost came to an end with me on earth; but I have not forsaken your commandments.

Enliven me according to your mercy, and I will keep the testimonies of your mouth.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

*Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

SHORT READING

**LUKE 2:11**

Today in the city of David a savior has been born for you who is Christ and Lord.

RESPONSORY

*V. The Word became flesh and dwelt among us.*

*R. Full of grace and truth.*

CONCLUDING PRAYER

*Lord Jesus, born to give us life, breathe your life into all we do this day; who lives and reigns with the Father and the Holy Spirit, one God, forever and ever. Amen.*

DISMISSAL

Let us praise the Lord.

*And give him thanks.*