Daytime Prayer

Saturday, January 8, 2005

January 8

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Sing Alleluia Forth**
>
> Sing alleluia forth in duteous praise,
> O citizens of heaven, who know the festal days;
> and by your singing learn how God may be adored.

PSALMODY

Psalm 120 *I Lift My Eyes to the Mountains*

> *Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

I have lifted up my eyes to the mountains, from which help will come to me.

My help is from the Lord, who made heaven and earth.

May he not allow your foot to be moved; may he not slumber who guards you.

Behold, he who guards Israel will neither slumber nor sleep.

The Lord is your guardian; the Lord is your protection at your right hand.

The sun will not burn you by day, nor the moon by night.

The Lord guards you from all evil; may the Lord guard your soul.

May the Lord guard your going out and your coming in, from this time forward and forevermore.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

Psalm 121 *I Rejoiced When They Said to Me*

> *Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

I rejoiced at the things that were said to me: "We will go into the house of the Lord."

Our feet were standing in your courts, O Jerusalem.

Jerusalem, which is built as a city, which is compact together.

For there the tribes went up, the tribes of the Lord; the testimony of Israel, to praise the name of the Lord.

For there the thrones have sat in judgment, the thrones over the house of David.

Ask for the things that are for the peace of Jerusalem, and abundance for those who love you.

Let peace be in your strength, and abundance in your towers.

For the sake of my brethren and my neighbors, I spoke peace about you.

Because of the house of the Lord our God, I sought good things for you.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Today Christ is born for us; glory to God in the highest, and on earth peace to people of good will.*

SHORT READING

HEBREWS 1:3

He is the refulgence of God's glory, the very imprint of his being, and who sustains all things by his mighty word.

RESPONSORY

V. The Word became flesh and dwelt among us.

R. Full of grace and truth.

CONCLUDING PRAYER

Lord, the shepherds left their flocks to find the Christ-child. Give us that same single-minded devotion in all our tasks this day; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.