Daytime Prayer

Saturday, March 21, 2009

Lent, Week 3 — Saturday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Lord, Who Throughout These Forty Days**
>
> Lord, who throughout these forty days
> for us did fast and pray,
> teach us with you to mourn our sins
> and close by you to stay.

PSALMODY

Psalm 141 *Rescue Me From My Persecutors*

> *Ant. Do not forsake me, O Lord; be not far from me, O my God.*

With my voice I have cried out to the Lord; with my voice I have prayed to the Lord.

I will pour out, in his sight, my supplication; and before him I will declare my tribulation.

When my spirit failed within me, even then you knew my paths.

In the way on which I was walking, the proud hid a snare for me.

I looked to the right and I saw, and there was no one who would recognize me.

Flight has perished from me, and there is no one who has regard for my soul.

I cried out to you, O Lord; I said: "You are my hope, my portion in the land of the living."

Attend to my supplication, for I have been humbled exceedingly.

Free me from those who persecute me, for they have been made stronger than me.

Lead my soul out of custody to confess to your name; the just wait for me, until you repay me.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Do not forsake me, O Lord; be not far from me, O my God.*

Psalm 145 *Praise the Lord, O My Soul (Part I)*

> *Ant. Do not forsake me, O Lord; be not far from me, O my God.*

Praise the Lord, O my soul; in my life I will praise the Lord; I will sing to my God as long as I live.

Do not trust in leaders, in the sons of men, in whom there is no salvation.

His spirit will depart, and he will return to his earth; on that day all their thoughts will perish.

Blessed is he whose helper is the God of Jacob; his hope is in the Lord his God,

who made heaven and earth, the sea, and all that is in them.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Do not forsake me, O Lord; be not far from me, O my God.*

SHORT READING

MATTHEW 6:6

But when you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father who sees in secret will repay you.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

> *O God, purify our intentions and direct our actions, that all we do this day may be a true offering to you; through Jesus Christ our Lord. Amen.*

DISMISSAL

Let us praise the Lord.

And give him thanks.