# Daytime Prayer

*Wednesday, March 6, 2069*

Lent, Week 1 — Wednesday

## OPENING

O God, come to my assistance.

*Lord, make haste to help me.*

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

## HYMN

> **Lord, Who Throughout These Forty Days**
>
> Lord, who throughout these forty days
> for us did fast and pray,
> teach us with you to mourn our sins
> and close by you to stay.

## PSALMODY

**Psalm 119** *Let My Plea Come Before You (Sin)*

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

Let my supplication, O Lord, draw near in your sight; give me understanding according to your word.

Let my petition come in before you; rescue me according to your word.

My lips will utter a hymn, when you will have taught me your justifications.

My tongue will pronounce your words, for all your commandments are justice.

Let your hand be made to save me, for I have chosen your commandments.

I have longed for your salvation, O Lord, and your law is my meditation.

My soul will live and will praise you, and your judgments will help me.

I have wandered like a lost sheep; seek your servant, because I have not forgotten your commandments.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

**Psalm 119** *Your Salvation, O Lord (Tau)*

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

I have longed for your salvation, O Lord, and your law is my meditation.

My soul will live and will praise you, and your judgments will help me.

I have wandered like a sheep that is lost; seek your servant, for I have not forgotten your commandments.

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.*

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

## SHORT READING

**HOSEA 2:16**

I will lead her into the desert and speak to her heart.

## RESPONSORY

*V. We adore your cross, O Lord.*

*R. We praise your holy resurrection.*

## CONCLUDING PRAYER

*Lord, in Lent you call us to prayer, fasting, and almsgiving. Grant us faithfulness in all three, not as burdens but as ways of drawing closer to you; through Christ our Lord. Amen.*

## DISMISSAL

Let us praise the Lord.

*And give him thanks.*