Daytime Prayer

Wednesday, March 20, 2069

Lent, Week 3 — Wednesday

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Lord, Who Throughout These Forty Days**
>
> Lord, who throughout these forty days
> for us did fast and pray,
> teach us with you to mourn our sins
> and close by you to stay.

PSALMODY

Psalm 136 *By the Waters of Babylon (Part II)*

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

If I forget you, O Jerusalem, let my right hand be forgotten.
Let my tongue cling to my jaws if I do not remember you,
if I do not set Jerusalem forth as the beginning of my joy.
Remember, O Lord, the sons of Edom, on the day of Jerusalem,
who said: "Tear it down, tear it down, even to its foundation!"
O daughter of Babylon, you are wretched; blessed is he who repays you your payment,
which you have paid to us.
Blessed is he who will hold and dash your little ones against the rock.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

Psalm 137 *I Give Thanks With My Whole Heart*

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

I will confess to you, O Lord, with my whole heart, for you have heard the words of my mouth.

In the sight of the angels, I will sing to you; I will adore toward your holy temple, and I will confess to your name.

Your mercy and your truth, for you have magnified your holy oracle above all things.

In whatever day I will call upon you, hear me; you will increase virtue in my soul.

Let all the kings of the earth confess to you, O Lord; for they have heard all the words of your mouth.

And let them sing in the ways of the Lord; for the glory of the Lord is great.

For the Lord is exalted, yet he looks toward the humble; and he knows the lofty one from a distance.

If I walk in the midst of tribulation, you will enliven me; and you stretched forth your hand against the wrath of my enemies, and your right hand has saved me.

The Lord will repay on my behalf; O Lord, your mercy is forever; do not despise the works of your hands.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Wash me thoroughly from my iniquity and cleanse me from my sin.*

SHORT READING

HOSEA 2:16

I will lead her into the desert and speak to her heart.

RESPONSORY

V. We adore your cross, O Lord.

R. We praise your holy resurrection.

CONCLUDING PRAYER

Lord, in Lent you call us to prayer, fasting, and almsgiving. Grant us faithfulness in all three, not as burdens but as ways of drawing closer to you; through Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.