Daytime Prayer

Saturday, May 2, 2071

Saint Athanasius, Bishop and Doctor

OPENING

O God, come to my assistance.

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

HYMN

> **Alleluia, Alleluia!**
>
> Alleluia, alleluia! Hearts to heaven and voices raise;
> sing to God a hymn of gladness, sing to God a hymn of praise.

PSALMODY

Psalm 120 *I Lift My Eyes to the Mountains*

> *Ant. This is the day the Lord has made; let us be glad and rejoice in it. Alleluia.*

I have lifted up my eyes to the mountains, from which help will come to me.

My help is from the Lord, who made heaven and earth.

May he not allow your foot to be moved; may he not slumber who guards you.

Behold, he who guards Israel will neither slumber nor sleep.

The Lord is your guardian; the Lord is your protection at your right hand.

The sun will not burn you by day, nor the moon by night.

The Lord guards you from all evil; may the Lord guard your soul.

May the Lord guard your going out and your coming in, from this time forward and forevermore.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. This is the day the Lord has made; let us be glad and rejoice in it. Alleluia.*

Psalm 121 *I Rejoiced When They Said to Me*

> *Ant. Christ our Passover has been sacrificed; let us therefore celebrate the feast. Alleluia.*

I rejoiced at the things that were said to me: "We will go into the house of the Lord."

Our feet were standing in your courts, O Jerusalem.

Jerusalem, which is built as a city, which is compact together.

For there the tribes went up, the tribes of the Lord; the testimony of Israel, to praise the name of the Lord.

For there the thrones have sat in judgment, the thrones over the house of David.

Ask for the things that are for the peace of Jerusalem, and abundance for those who love you.

Let peace be in your strength, and abundance in your towers.

For the sake of my brethren and my neighbors, I spoke peace about you.

Because of the house of the Lord our God, I sought good things for you.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

> *Ant. Christ our Passover has been sacrificed; let us therefore celebrate the feast. Alleluia.*

SHORT READING

JOHN 16:22

So you also are now in anguish. But I will see you again, and your hearts will rejoice, and no one will take your joy away from you. Alleluia.

RESPONSORY

V. This is the day the Lord has made. Alleluia.

R. Let us rejoice and be glad. Alleluia.

CONCLUDING PRAYER

God of Easter, at this midday hour we praise you for the gift of new life. Let that new life be visible in all we do; through Jesus Christ our Lord. Amen.

DISMISSAL

Let us praise the Lord.

And give him thanks.